

House



Blends

## Harvest Blend



A celebration of fall favorites. Mild, delicate, fresh flavor with a crunchy, spicy kick. Beets provide a beautiful 'pop' of red adding a soft spinach flavor.

## Mild Blend



This blend will leave your patrons speechless! A fun burst of color paired with a sweet flavorful crunch. If spice isn't your thing, this blend's for you.

## Spicy Blend



This blend has it all! Flavor, spice, and color! Upfront this blend is sweet but quickly brings the heat and ends with the savory flavor of chive.

## Tried and True Blend



We worked with the culinary artists at Tried And True Coffee Roaster in Corvallis, OR to dream up this blend. Its flavor reminds us of summer. Lettuce with basil pairs well with the nutty spice of sunflower and radish.

## Sunset Blend



Designed as a garnish, this dazzling blend will transform your plate into a work of art. The delicate texture of the Amaranth compliments the crunch of the Swiss Chard.

## Radish Blend



An eye-popping blend of Radishes. Comprised of purple, pink, red, and white stems with green and purple leaves. This blend has a fresh, watery upfront flavor, with a finish of spice!

## Basil Blend



A harmonious blend of basil. This mix contains Genovese, Lemon, Lime, Dark Opal, and Thai Basil. Sweet basil flavor pairs well with slight citrus zest.

## Summer Blend



A unique mixture reflecting the tastes of summer! A delicate cucumber flavor paired with a nutty crunch of sunflowers. Tender red and green lettuce add a sweetness heightened by the color and flavor of amaranth and swiss chard.



# Single Microgreens

Create your own mix

*Amaranth*



*Basil*



*Beets*



*Bok Choy*



*Borage*



*Broccoli*



*Cilantro*



*Kale*



*Lettuce*



*Mustard (Spicy)*



*Rainbow  
Swiss Chard*



*Sunflowers*



**Pricing**



**Ordering**

**All House Blends, Single Microgreens, and Custom 'build your own' blends:**

2oz Bag - \$5 | 8oz Bag - \$18 | 1lb Bag - \$32

Please email for 'by the ounce' and bulk pricing.

**Creating your own mix:**

Select three microgreens from the 'single microgreen' section. Each additional green you choose will cost an additional .10¢ per ounce. After you've selected your greensw shoot us an email ([asproutsfarm@gmail.com](mailto:asproutsfarm@gmail.com)) with the type and quantity.

**We deliver to Corvallis and Albany every Monday and Thursday at  
no extra charge.**

